

# A LA CARTA

## CHOOSE TWO SIZE

Chorizo, mixed vegetables, broccoli, French fries, yoca, rice, beans, sour cream, avocado, guacamole, fried cheese, Jalapeños, Tortillas, chips & salsa, pico de gallo, Fried plantain & sweet corn.

**1** Pescado \$13.00



**2** Fried pork \$14.00



**3** Grilled Salmon \$16.00



**4** Chuletas de cerdo \$13.00



**BEEF FAJITA \$14.00**

**COSTILLAS DE RES \$12.00**  
Ribs.

**5** Carne asada \$13.00



Fritanga con carne \$20.00

Bistec encebollado \$15.00



Steak & cheese \$10



Pollo asado \$11.50



Chicken fajita platter \$13.00



Huevo Ranchero \$11.00  
Served with rice & beans



Shrimp Fajita \$14.00

## ANTOJITOS | APPETIZERS

**CHEESE DIP \$7.00**

**GUACAMOLE DIP \$7.00**

**CHORIQUESO**

**BEAN DIP**

**MEXICAN SAUSAGE WITH CHEESE DIP**

**GUACAMOLE SIDE \$3.50**

**HOUSE SALAD \$6.00**

**GRILLED SHRIMP \$1.00**

**HOUSE SPECIAL \$14.00**

Beef, shrimp, chicken sautéed with green & red pepper, onions & tomato, served on rice, topped with cheese dip.

**BREADED CHICKEN SANDWICH \$9**

Breaded chicken breast, lettuce, mayo, radish, cucumber, & tomatoe. Served with fries.

**YUCA & FRIED PORK \$11.00**

**PAN CON POLLO \$7.00**

Chicken sandwich with mayo, tomato, lettuce, and cucumbers.

**QUESADILLA \$11.00**

Steak or chicken quesadilla, lettuce, served with sour cream, guacamole & pico de gallo.

Shrimp \$12.00

**NACHOS \$11.00**

Chicken or beef nachos, lettuce, sour cream, guacamole & pico de gallo. **Extra topping \$3**

**TAMAL DE ELOTE**

Corn tamale \$2.75 Served with cream.

**PLÁTANOS FRITOS \$8.00**

Fried plantain, served with cream and refried beans.

**MARISCADA SALVADOREÑA \$28.00**

**SOPA DE RES \$16.00**

**SOPA DE POLLO \$14.00**

**MINI SOUP**

Shrimp soup \$12.00



## SOPAS | SOUPS

**MARISCADA SALVADOREÑA \$28.00**

Lobster, scallops, crab meat, fish, mussels, shrimp, bell pepper, tomato & onions.

**SOPA DE MARISCOS \$18.00**

Seafood soup with scallops, crab meat, mussels, fish, shrimp, bell pepper, tomato & onions.

**SOPA DE RES \$16.00**

Beef soup with squash, yucca, carrot, bell pepper, onions, celery, cabbage & fresh cilantro.

**SOPA DE POLLO \$14.00**

Chicken soup with zucchini, carrot, yucca, spinach, & cabbage.

**SOPA DE PESCADO \$15.00**

Fish & shrimp soup with bell peppers, tomato & onions.

**PUPUSAS \$2.99**

Pupusas are served with marinated Cabbage and tomato sauce.

**LOROCO AND CHEESE - LOROCO Y QUESO**

**BEANS AND CHEESE - FRIJOL Y QUESO**

**MIXED PORK AND CHEESE - REVUELTAS CHEESE ONLY - SOLO QUESO**

Shrimp cocktail \$12.00

Chicken wings \$11.50

Papitas guanacas \$8.00

Sopa de Mondongo \$16.00



## TIPICOS

ALL TIPICOS SERVED WITH ONE TORTILLAS.

**TIPICO #1 \$11.50**

Scrambled eggs with onions, bell peppers, & tomato. Served with fried plantain, avocado, beans, cream & cheese.

**TIPICO #3 \$10.00**

Scramble eggs with chorizo, served with rice & beans.

**BALEADAS \$6.00**

Flour tortilla with beans, cheese, scrambled eggs, avocado & cream.

**\*TIPICO #2 \$10.00**

Sunny side up eggs, rice & beans mixed, cheese, fried plantain & cream.

With steak, chicken or chorizo \$7.00

WELCOME TO

J&V *El Eden* Restaurant



240.626.5901

[www.jveledenrestaurant.com](http://www.jveledenrestaurant.com)

1080 W Patrick St,

Unite #9

Frederick, MD 21703

**Business hours:**

**Monday - Thursday**

**9:30 AM - 9 PM**

**Friday 9:30 AM - 10 PM**

**Saturday 9:30 AM - 10 PM**

**Sunday 9:30 AM - 9 PM**





## ENSALADAS

**\*TEXANA \$14.00**  
Hard shell grilled chicken, steak and shrimp. Lettuce, tomato, cucumber.

**POLLO \$8.00**  
Grilled chicken, lettuce, fresh cucumber, radish, tomato, carrot, onions and avocado.

**\*CARNE \$9.00**  
Grilled steak, lettuce, fresh cucumber, radish, tomato, carrot, onions and avocado.

**CAMARÓN \$11.00**  
Shrimp, lettuce, fresh cucumber, radish, tomato, carrot, onions and avocado.

**TACO SALAD \$10.00**  
Chicken or beef, lettuce, guacamole, tomato, pico de gallo topped with sour cream.

**VEGETARIAN SALAD \$10.00**  
Red peppers, green peppers, zucchini, carrot, & cauliflower.

## BURRITOS

Served with rice, beans, guacamole, source cream, pico de gallo & lettuce.

**LUNCH \$8.00**  
Chicken - Beef - Fried pork  
Beef tongue - Fish  
Shrimp \$9.00

**DINNER \$11.00**  
Chicken - Beef  
Beef tongue  
Fish  
Shrimp \$12.00

**BURRITO TEXANO \$13.00**  
Steak, chicken and shrimp.

**BURRITO LOCO \$7.00**  
Stuffed with steak rice, beans, lettuce, pico de gallo.  
Also available for dinner \$11  
Served with rice & beans

Burrito fajita \$12.00  
Chicken tender \$6.50  
Pan con pollo \$7.00

## ENCHILADAS

Served with rice, beans, guacamole, source cream, pico de gallo & lettuce.

**LUNCH \$8.00**  
Chicken - Beef - Fried pork  
Beef tongue - Fish  
Shrimp \$9.00

**DINNER \$11.00**  
Chicken - Beef  
Beef tongue  
Fish  
Shrimp \$12.00

## TACOS \$2.99

All tacos are served with cilantro, onions, radish, & cucumbers on the side. Tacos also available with flour tortilla \$3.50

Azada - Steak | Pollo - Chicken  
Carnitas - Pork | Chorizo | Pescado - Fish  
Lengua - Beef tongue \$4.25 with flour tortilla \$4.50  
Camarón - Shrimp \$3.75 with flour tortilla \$4.00

**POLLO CON TAJADAS \$12.00**  
Fried breaded chicken, served ripe fried plantain, marinated cabbage, radish, tomato and lime juice.

## A LA CARTE ORDERS

**TWO ENCHILADA \$6.00**  
Beef or chicken  
**STEAK OR CHICKEN BURRITO \$7.00**  
**SHRIMP BURRITO \$8.00**

## TORTAS DE

LENGUA \$12  
POLLO \$11  
RES \$11  
CAMARON \$12  
CARNITAS \$11  
CHORIZO \$11  
PESCADO \$11  
JAMON \$11



## SEAFOOD PLATTERS

Also available a la carte with two sides From a la carte. \$2.00 Off

All platters, served with rice, beans, salad & one tortillas.

**CAMARONES A LA DIABLA \$17.00**  
Shrimps marinated in spicysauce.

**CAMARONES EN CREMA \$17.00**  
Shrimps sautéed in white sauce.

**CAMARONES A LA PLANCHA \$17.00**

Grilled shrimps.

**CAMARONES AL MOJO DE AJO \$17.00**

Shrimps marinated with garlic sauce.

**CAMARONES ENTOMATADOS \$17.00**  
Shrimps marinated with tomato sauce.

**SALMON & SHRIMPS IN WHITE SAUCE \$20.00**

Salmon with shrimp cover with El Eden special white sauce. Served with Mix vegetables.

**PESCADO FRITO \$18.00**  
Whole fried tilapia fish. With shrimp \$16.00

**FILETE DE PESCADO \$13.00**  
Fish fillet, breaded or grilled.

## FAJITAS

All fajitas come with onions, green pepper, tomato, served with guacamole, sour cream, rice, beans, lettuce and flour or corn tortillas.

**TEXANA \$20.00**  
Shrimp, chicken, beef

**SHRIMP \$18.00**

**BEEF \$16.00**

**CHICKEN \$14.50**

**VEGETARIAN \$12.00**

Green peppers, zucchini, onions, tomato, carrot, cauliflower & broccoli.



## STEAK, PORK & CHICKEN

ALL STEAKS, PORK AND CHICKEN ARE SERVED WITH RICE, BEANS, SALAD AND ONE TORTILLAS.

**\*CARNE ASADA \$16.00**  
New York strip steak

**TIPICO A LA PARRILLA \$20.00**  
Served with steak, chorizo, avocado & fried cheese.

**\*STEAK RANCHERO \$15.00**  
Steak sautéed with spicy sauce.

**POLLO EMPANIZADO \$12.00**  
Breaded chicken.

**POLLO A LA PARRILLA \$13.00**  
Grilled chicken.

**POLLO A LA CREMA \$14.00**  
Chicken breast with onions, tomato in cream sauce.

**COSTILLAS DE RES \$15.00**  
Ribs.

**MAR Y TIERRA \$19.00**  
Steak and shrimp.

**CHULETA DE CERDO \$15.00**  
Pork chops.

**BISTEC ENCEBOLLADO \$19.00**  
Steak sautéed with tomato and onions.

**BISTEC A LA MEXICANA \$14.50**  
Beef sautéed with onions, tomato, jalapeños, served with rice, beans.

## CHILDREN MENU

1. CHICKEN TENDER \$7.00

2. QUESADILLA \$7.00  
Steak or Chicken with French fries

3. NACHOS \$7.00  
Cheese or Beef nachos

5. CHORIZO EGGS & FRIES \$7.00

4. FRENCH FRIES \$4.00

## SIDE ORDERS

AVOCADO \$3.00

Rice \$2.50

Beans \$2.50

Cream \$2.00

Pico de gallo \$2.00

Jalapeño toreado .50

Salvadorean

Cheese \$2.50

Fried cheese \$2.50

Tortilla .60

Salsa & chips

8oz \$4.00

## BOBA TEA \$6.00

Strawberry  
Watermelon

Mango  
Taro  
Papaya

Banana  
Coconut



Orange & apple juice \$3.00

Large \$6.00 Small \$4.00

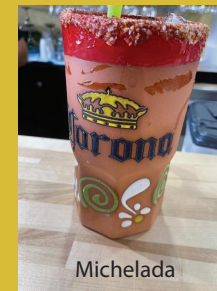
**ENSALADA DE FRUTAS**

Horchata, Tamarindo Marañon

Large \$6.00 Small \$3.00

## BEER

Cervezas  
Corona  
Victoria  
Modelo  
Heineken  
Bud light  
Coors light  
Miller light  
Regia  
Dos xx



Michelada



## GUACAMOLE \$7.00



TRES LECHES \$6.00



CHEESE DIP \$7.00